

AN INTRODUCTION TO FAST FACTS

Greetings,

At no point in history have we understood so much about attention-deficit/hyperactivity disorder and how to treat the disorder as we do today. In fact, since CHADD was founded in 1987, the United States has realized great gains in research about AD/HD, the legal rights for people living with the disorder, and public understanding.

Despite these gains, myths and inaccurate information about AD/HD persist. These popularly-held false beliefs, often perpetuated by emotional or unexamined arguments, do more harm than good. They do little to advance our knowledge and do a lot to discourage individuals from seeking help and from using effective treatments for AD/HD that have undergone rigorous scientific scrutiny.

You can help CHADD add clarity to some of these issues. As you work with the media and policymakers, you can provide them with basics about CHADD, the disorder, and what they can do to help. It is important when we are speaking with the media to know the limitations of what we can answer. For questions that require a very involved or scientific answer, for example, you may need to refer questions to the communications department at CHADD. The following list of facts should help you as you speak to the media. Good luck, and please remember that you are speaking as an individual and not a spokesperson for CHADD!

Sincerely,

CHADD National Staff