



www.Help4ADHD.org  
(800) 233-4050  
Help4ADHD@CHADD.org

## Ask the Expert Educator Edition

Make Learning Exciting: Apps for Executive Functioning



**Stacy Driscoll, MEd, ATP**  
Assistive Technology Specialist  
Program Coordinator, ATinNH

The National Resource Center on ADHD: A Program of CHADD is the nation's clearinghouse for evidence-based information on ADHD. This Ask the Expert webcast is supported by Cooperative Agreement Number 1U39CE0005716 from the Centers for Disease Control and Prevention (CDC) and does not necessarily represent the official views of the CDC. The National Resource Center on ADHD, CHADD and the CDC do not endorse, support, represent or guarantee the accuracy of any content presented or endorse any opinions expressed in this webcast.

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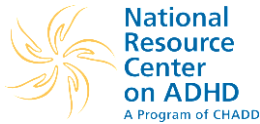
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## CHADD is home to the



A partnership between CHADD and the US Centers for Disease Control and Prevention (CDC)

For more information:  
<http://www.chadd.org/About-CHADD/National-Resource-Center.aspx>



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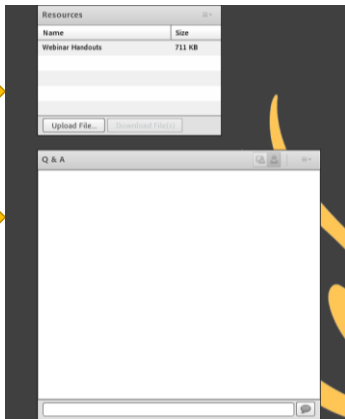
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Slides →

Ask a question →



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Do you know someone in need of ADHD Information and Resources?

Refer them to our ADHD Helpline



1-800-233-4050  
Mon-Fri, 1-5pm ET


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### A little about me




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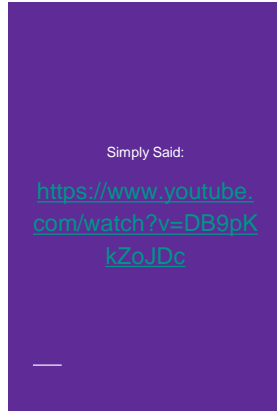
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# What is Assistive Technology?

"Any item, piece of equipment, or product system, whether acquired commercially off the shelf, modified, or customized, that is used to increase, maintain, or improve the functional capabilities of a person with a disability."



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## Executive Functioning Skills

Impulse Control

Task Initiation

Emotional Control

Planning and Prioritizing

Working Memory

Organization

Flexible Thinking

Self Monitoring

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- o Cueing
- o Vibration
- o Text
- o Audio
- o Voice
- o Pictures
- o Video

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### Various Assistive Technologies

- Phone / Tablet Apps
  - ◆ iPhone / iPad
  - ◆ Android
  - ◆ Windows
- Chrome Apps and Extensions
  - ◆ Chrome Browser
- Wearables
  - ◆ Apple Watch
  - ◆ FitBit
  - ◆ Ditto
  - ◆ Time Timer
  - ◆ Revibe
- Smart Pens
  - ◆ Livescribe




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### Apps to Supplement Assistive Technology

iPad Apps




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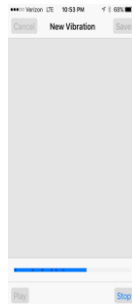
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### Vibration Mapping

Steps to take to set Vibration Mapping

- Settings
  - Sounds
    - Ringtone
      - Vibration
        - Create New Vibration




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# Apple Watch Apps



Due



OneNote



Just Press Record



Fantastical 2

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## [LiveScribe Pen](#)

Echo

Livescribe 3



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## Feature Matching

Consider:

The Activity - what does the individual need to do?

The Individual - what are his / her needs

The Environment - where is the activity taking place

Then consider the Assistive Technology

**DO NOT pick an app and make it fit the individual**

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# How to Contact Me

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## This is a presentation of the



Provide feedback for the Ask the Expert webcast series!  
Your opinion helps evaluate and improve these presentations.

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