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Ask the Expert Educator Webcast Series Starts in July

The National Resource Center's *Ask the Expert Educator* Edition webcast kicks off with a four-part series for early childhood educators on Tuesday, July 19.

About 2 million children affected by ADHD are diagnosed between 2 and 5 years old, according to the recent CDC *Vital Signs* report. Of these children, about 50 percent between the ages of 3 and 4 are enrolled in an early childhood education program, including preschool. Hyperactive, non-compliant, and disruptive behaviors in the classroom are often challenges for early childhood educators, especially if those behaviors are related to a child's ADHD diagnosis. The Educator Edition series helps early childhood educators meet the needs of their young students affected by ADHD by identifying



concerning behaviors, tailoring the educational environment, using behavior management techniques with their students, and working closely with parents and caregivers. [Learn more and register early.](#)

Hey, Boss, I have ADHD...

Are you thinking about disclosing your ADHD diagnosis to your boss or the human resources manager?

Disclosing a diagnosis can be helpful in receiving workplace accommodations under existing federal laws. It can also be a challenge when your supervisor isn't familiar with ADHD, has misconceptions about the disorder, or does not understand what it means when an employee has the disorder.



Former CHADD President Steven Peer sat down with a group of HR managers to talk about how ADHD affects their employees. They confided that an employee coming to them and saying, “I have ADHD,” is among their professional fears.

“This is especially true to the degree that they are uninformed about the disorder,” Mr. Peer writes in *Attention* magazine. “Bring materials to educate them as to what ADHD is and how it is successfully managed.”

Mr. Peer offers suggestions on how to make the conversation go more smoothly, how to dispel misconceptions about ADHD, and how to offer your supervisor tangible and affordable requests to help you be a better employee.

Read [Talking with Employers](#) and [Workplace Issues](#).

Swimming Safety for Children with ADHD

Summer is here, and the swimming pool is crowded!

Swimming has health benefits in addition to being an enjoyable and social activity for children. Keeping kids safe without ruining the fun is a serious concern for parents, especially when their children have ADHD. The risks of water accidents and drowning increases during the summer as families open backyard swimming pools, vacation at hotels and resorts where there is a pool, or go to the local community pool. Children with ADHD can be at a greater risk of accidents due to impulsivity and inattention.



You can do several things to help your child have a safer swimming experience, beginning with understanding your child's needs related to his ADHD diagnosis, along with establishing clear rules for safe behavior. [Read on.](#)

5 Effective Positive Reinforcement Tips for Your Child With ADHD

Are you looking for some tips to help manage your child's behavior during the summer? Are your child's ADHD symptoms coming out in behaviors that are causing her to get in trouble?

While every child and family is different, there are some suggestions that can help your children with ADHD improve their behavior. Start the summer off right by sharing with your children what your expectations are for their behaviors. Seek out opportunities to provide positive reinforcement to help improve behavior at home and during summertime activities. Positive reinforcement is the immediate feedback, or praise, given to someone so that they will repeat similar behaviors in the future. [Read more.](#)



Helping Your Child Successfully Handle Change

Featuring Jeffrey Katz, Ph.D.
July 14, 2016 from 2:00-3:00 p.m. ET

Children with ADHD often have a harder time with change and transitions than most children.

Whether it is a change in the daily schedule or a major life change like starting school, moving to a new city, or the birth of a new sibling, children's lives can experience big changes. You will learn how these challenges might cause a child with ADHD to react differently to changes. You will also learn strategies to help your children or students prepare for change; how to go through the situation, however big or small; and what might be needed afterwards. Get useful tips to successfully guide children of any age through change.



Save My Seat



ADHD *in the News*

- ADHD symptoms in adulthood vary based on work environment
- Let kids be kids: school demands and ADHD
- Atomoxetine may be a good alternative drug for ADHD
- The connection between ADHD and anxiety

Read these and other articles in the [ADHD in the News weekly digest](#).

Did You
Know?

Adults can be diagnosed with ADHD even though there have been no symptoms of the disorder in childhood.

[Learn more.](#)

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