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Is Video Gaming a GO?

This summer's fad seems to be the popular phone app Pokémon GO. Your child (or you!) might be a "trainer" in this game, which has people walking around their neighborhoods to find animated creatures and collect rewards at special PokéStop locations. But have you wondered how this game may be affecting ADHD symptoms?



The game provides a quick reward, with a character appearing almost immediately after signing in. It provides constant newness and stimulation, as there are many different, cute characters to collect. Game players set off on a scavenger hunt in their location to "collect 'em all," as the game promoters say. [Read on.](#)

Is Your Child Having Trouble Telling the Truth?

It is frustrating when your child is standing in front of you, telling you something you know is untrue. All you can think is, *why is he lying to me?*

Thomas W. Phelan, PhD, says there are two reasons why children lie: they are either trying to impress someone or they are trying to get out of trouble for a mistake or misbehavior.

“Lying is actually very common in both children and adults,” he says. “In spite of that fact, those of us who are parents of children with ADHD often treat lying like it’s a major crime. If lying is an issue at your house, in addition to ADHD, it can be a very unpleasant way to live.”

So what can you do to help your child with ADHD if he develops a habit of lying to you, teachers, coaches, and other adults in his life? The first step, Dr. Phelan says, is to change your attitude when you’ve caught your child in a lie. The second step is to create a battle plan to end habitual lying by your child.

Ready for Dr. Phelan’s tips?



Watch

What Response to Intervention Can Do For Your Child

Did your child’s teacher talk with you about a process called response to intervention when you went in for parent-teacher conferences last year? Many parents are told that the school wants to try response to intervention, or RTI, before taking the steps necessary to have a 504 Plan or

Individualized Education Plan, or IEP, put in place. The reality is, while RTI can be very helpful, a parent can request the academic evaluation for a 504 Plan or an IEP can be started at any point, including during summer vacation.

RTI is a process of presenting supports to a classroom of students in general and then adding additional support to students who need the assistance. Support, or intervention, is stepped up as needed until the few students in a class who have learning disabilities or other challenges such as the ones caused by ADHD, are identified. It was not intended to replace the evaluation process for academic accommodations. [Read more.](#)



Helping Your Child Learn Time Management

Completing chores and projects can be difficult for children affected by ADHD. The disorder interferes with time management and causes the novelty of a new idea or project to wear off and makes it difficult to finish. What can you do to help your child learn how to get things done?

“Time management demands that the child do something reasonably quickly and within some defined time frame. Few circumstances permit the child to take as long as he or she wants to complete a task,” writes Terry J. Illes, PhD. “That would be a comforting world in which to live, but it certainly is not the world we expect our children to inhabit. ”

“In our high-pressured society, we tend to focus on the bottom line,” Dr. Illes continues. [Read on.](#)



Ask the Expert Educator Edition: Teaching Preschoolers with ADHD

Classroom Supports for ADHD in Early Childhood Education

Featuring Desiree Murray, PhD
August 2, 2016, 2-3 p.m. ET

Are you looking for ways to help your preschool students who are struggling with hyperactivity, non-compliance, and disruptive behavior in the classroom? Early childhood educators often need to address these challenges, whether or not a young child has ADHD. Understanding the rationale for behavior management and its principles, along with self-regulation approaches can help you support positive development for your preschool students with challenging behaviors.



In this webinar you will learn to:

- Identify the social-emotional and behavioral needs of young children who are

- often hyperactive, non-compliant, and disruptive
- Describe key principles underlying behavior management interventions
- Explain how teacher “co-regulation” and skills instruction can support self-regulation development
- Use at least two approaches to increase positive classroom behaviors

Save My Seat

The logo for "ADHD in the News" features a stylized orange flower-like icon on the left, followed by the word "ADHD" in a bold, blue, sans-serif font, and "in the News" in a blue, cursive script font.

- Do ADHD medicines boost substance abuse risk?
- Nearly half of women with ADHD mull suicide
- Hyperfocus: The other side of adult ADHD
- ADHD: Are off-label atypical antipsychotics appropriate?

Read these and other articles in the [ADHD in the News weekly digest](#).

Did You Know?

Due to the symptoms of ADHD, you or your child might have a tough time organizing, prioritizing, initiating, planning, and completing tasks. [Here are 7 strategies to help you thrive with ADHD.](#)

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