

[View this email in your browser](#)



 Share  Tweet  Forward

 in this issue...

- [ADHD Awareness Is Every Day, Not Just for A Month](#)
- [Holiday Shopping for the Giver with ADHD](#)
- [Share This ADHD Video!](#)
- [ADHD in the News](#)



ADHD Awareness Is Every Day, Not Just A Month

We're approaching the end of ADHD Awareness Month, but we know the work goes on. [Why do we raise awareness and what can you take away from this month's focus?](#)

Holiday Shopping for the Giver with ADHD

Are you ready for the rush toward holiday shopping? We asked an expert on ADHD and productivity for [her tips on the gift-giving season.](#)



ATTENTION-DEFICIT/HYPERACTIVITY DISORDER
(ADHD)

is REAL



CHADD Video

Whiteboard: ADHD Is Real

Watch Now

How many people have ADHD in the US?
What is the financial burden of ADHD?
And where can you get help?

Catch this short ADHD Awareness video to learn more on where you can find help and information. Better yet, share it with your friends to help them learn more about ADHD! By sharing this video, you can help to set the record straight about ADHD.

ADHD *in the News*

- 4 Things I Want People Without ADHD to Know
- How schools can optimize support for children with ADHD
- New Developments in EEG Brain Scans Could Help Spot Mental Disorders “Early”
- Early intervention more important than ADHD diagnosis, researcher says
- Brain wave device enhances memory function

Read these and other articles in the [ADHD in the News weekly digest](#).

The first National ADHD Awareness Day was created in 2004 by a [US](#)

Are You
Aware?

[Senate Resolution](#). Since then, it has become a month-long call for better ADHD awareness every October.

[NRC Website](#)

[Facebook](#)

[Twitter](#)

[Youtube](#)

[Instagram](#)

Copyright © 2018 NRC - A Program of CHADD, All rights reserved.

Want to change how you receive these emails?
You can subscribe to the newsletter or unsubscribe from this list