ADHD is a disorder that can affect individuals across the lifespan. It is characterized by inattention and/or hyperactivity-impulsivity. This chart lists some of the key issues that individuals with ADHD typically face at different phases of life.

Preschool
- Assessment
- Multimodal treatment*
- Coping with co-occurring conditions
- Educational issues
  - Transition issues
  - IDEA
  - Parent/school collaboration
- Child care issues
- Family relationships
- Social skills

School Age
- Assessment
- Multimodal treatment*
- Coping with co-occurring conditions
- Educational issues
  - IDEA & Section 504
  - Parent/school collaboration
  - Transition to middle school
  - Homework
- Child care issues/summer camp
- Family relationships
- Social skills

Adolescence
- Assessment
- Multimodal treatment*
  - Medication adherence
- Coping with co-occurring conditions
- Educational issues
  - IDEA & Section 504
  - Parent/school collaboration
  - Executive functions
  - Transition to high school/college
- Self-esteem issues
- Family relationships
- Social skills, dating, and peer acceptance
- Life management skills
  - Time management
  - Organizational skills
  - Learning to drive
  - Self-advocacy
- Possible substance abuse in untreated teens

Adulthood (18+)
- Assessment
- Multimodal treatment*
- Coping with co-occurring conditions
- Educational/workplace issues
  - Transition to higher education
  - Section 504 & ADA
  - Transition to career
  - Executive functions
- Parenting skills
- Partner relationships
- Social skills
- Life management skills
  - Time management
  - Organizational skills
  - Driving
  - Managing finances
  - Household management
- Possible antisocial behaviors such as substance abuse and crime

*Multimodal treatment consist of parent and child education about diagnosis and treatment, specific behavior management techniques, FDA-approved medication (for school-age and above), and appropriate school programming and supports. Treatment should be tailored to the unique needs of each child and family.

This infographic is supported by the Cooperative Agreement Number NU38DD00537 from the Centers for Disease Control and Prevention (CDC). The contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC.