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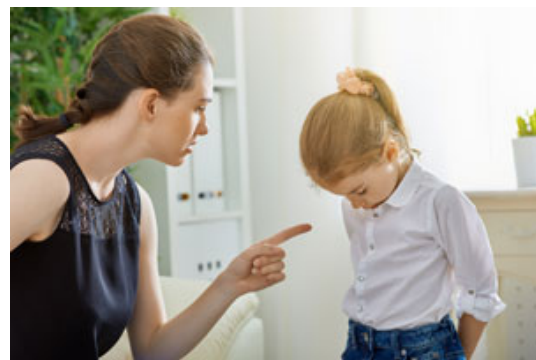


Resolved to Get Organized? We Can Help

Are you looking for ideas to become better organized this new year? We have some suggestions from [Attention magazine](#) [that could help you to get started.](#)

Spanking For ADHD? Don't Do It!

Children with ADHD tend to get in trouble more often. "We used to spank our kids when they did that," their parents may hear. But spanking doesn't work and creates more problems for families. [An expert](#)



[explains why and what you can do instead.](#)



ADHD and School: A Toolkit for Parents

Download Now

Sometimes it can be hard to work with your child's school to get accommodations or to resolve a problem when there has been an academic or behavioral issue. You might not know where to start or when to look for help.

Our school toolkit is designed to help parents and provides strategies for school success. It includes resources tailored to ADHD struggles and customizable charts, a sample letter requesting special education services, an information card for teachers on ADHD, and information on the rights of students with ADHD.

ADHD *in the News*

- Can a video game-based 'digital medicine' help children with autism and co-occurring ADHD?
- ADHD Drugs are Unlikely to Cause Cardiac Damage in Children Who Take Them
- ADHD and Work: 9 Tips for Thriving at the Office
- ADHD and Academic Procrastination: A Success Story
- ADHD With a Side of Perfectionism
- How to Live With Adult ADD Rights

Read these and other articles in the [ADHD in the News weekly digest.](#)

We recently launched a new website

Did You Know?

at [CHADD](#). This means many of the old links you might have saved won't work, but don't worry! All the great information you rely is still there. Visit us now at www.CHADD.org.

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