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Telling Your Heartthrob That You Have ADHD

The first few days of a new romance can be exciting, but when should you share an ADHD diagnosis? [Two experts on love and ADHD give their thoughts on “the conversation.”](#)

Forgiveness Is Good For Your Relationship

How do you handle the bumps and bruises ADHD symptoms can cause in your relationship? [Practicing forgiveness is a coping skill to improve the rough times.](#)





Ask the Expert Highlight

How Executive Functions Affect Adult Relationships

Featuring Ari Tuckman, PsyD, MBA

Watch Now

Are ADHD symptoms causing struggles within your relationship? Do you know the hurt feelings that come when ADHD symptoms cause forgetfulness, lost possessions or financial difficulties?

Ari Tuckman, PsyD, MBA has worked with many couples affected by ADHD. In this special *Ask the Expert Highlight*, he discusses how executive function affects relationships and how deficits in executive function can bring difficulties to your romance.

ADHD *in the News*

- Half of U.S. Kids With a Mental Health Disorder Don't Get Treatment
- Fundamental technology to support early differential diagnosis of concurrent ASD in patients with ADHD
- Why Investors Should Care About The Mental Health Of Startup Founders
- Reading the Report Cards of High School Students With ADHD
- Boys who can't pay attention in kindergarten earn less as adults, study finds
- Students describe how their disabilities affect their relationships

Read these and other articles in the [ADHD in the News weekly digest](#).

ADHD Moment

Valentines for my ADHD sweetheart!



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4601 Presidents Drive, Suite 300
Lanham, MD 20706*

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