

[View this email in your browser](#)

 Share  Tweet  Forward

in this issue...

- [Rejection Can Be More Painful with ADHD](#)
- [Ready to Play Ball with ADHD](#)
- [Webinar: What Can I Expect From ADHD Treatment](#)
- [ADHD in the News](#)



Rejection Can Be More Painful with ADHD

Rejection more than just hurts when you have ADHD. Some adults also face rejection sensitive dysphoria, which can prevent them from pursuing their dreams or starting new relationships. [An expert on this disorder explains more about it and how you can address it in your life.](#)

Ready to Play Ball

The spring sports season is underway. Your child's coach may be unfamiliar with how to help young athletes cope when ADHD symptoms interfere on the playing field. We talked with an expert on [recreational sports and children with ADHD.](#)



CHADD Webinar

What Can I Expect From ADHD Treatment

Featuring David Goodman, MD
Thursday, April 18, 2019, 2 pm ET

[Register Now](#)

Finding a qualified adult ADHD psychiatrist who prescribes medication and provides guidance with therapies can be a challenge. Adults can expect a predictable progression of improvement over the first six months.

Join us for this webinar as Dr. David Goodman discusses:

- When do you notice daily productivity is better?
- When does self-confidence improve?
- How you can adapt to the “new you?”
- When could you fully blossom into your potential?

David W. Goodman, MD, is an assistant professor of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine. He is also director of the Adult Attention Deficit Disorder Center of Maryland and director of Suburban Psychiatric Associates, LLC. Dr. Goodman has been an ADHD consultant to Major League Baseball and now a consultant to the National Football League.



ADHD *in the News*

- Children at Risk of Depression and ADHD More Likely to Be Bullied
- Pain Points: Measuring Family Stress When a Child has ADHD
- Why Did the FDA Approve This New High-Dose ADHD Drug?
- The Cost of Undiagnosed ADHD in Children
- A new report shows that diagnosis rates for ADHD have risen 30% in 8 years
- Getting the Academic Support Teens and College Students Need
- What are the Effects of Adderall if You Don't Have ADHD?

Read these and other articles in the [ADHD in the News weekly digest](#).

Did You Know?

This is National Autism Awareness Week. Did you know that the DSM-5 describes the overlap between Autism and ADHD? Learn more about how these two disorder can co-occur with our fact sheet [ADHD and Autism Spectrum Disorder](#).

NRC Website

Facebook

Twitter

Youtube

Instagram

Copyright © 2019 CHADD, All rights reserved.
4601 Presidents Drive, Suite 300
Lanham, MD 20706

Want to change how you receive these emails?
You can subscribe to the newsletter or unsubscribe from this list