

# Micronutrients for ADHD Youth



We are conducting an 8-week randomized controlled trial of a multivitamin/mineral (MVM) treatment for symptoms of ADHD and emotional dysregulation. Participants will be randomly assigned to receive either the MVM treatment or a placebo for 8 weeks. After 8 weeks, all participants will be able to take the MVM treatment.

## Your child may be eligible if:

- 6-12 years old at enrollment
- Not taking medication (or off for at least 2 weeks)
- Able and willing to swallow up to 12 pills per day - pill swallowing training is available

## What is involved?

- 5 visits to OHSU to answer questions and receive study product
- Biological samples (hair, saliva, urine, stool, blood)
- Take pills daily for duration of study

## For more information, please contact us at:

call (503) 494-3700 and leave a voice message, or  
email [healthykids@ohsu.edu](mailto:healthykids@ohsu.edu)

IRB#16870

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Seeking children, 6-12 years old, who are medication-free and can swallow pills, to participate in a multivitamin/mineral ADHD treatment study.

Eligible children will receive compensation for their participation in the study.

