

Micronutrients for ADHD Youth

Seeking participants, 6-12 years old, for an ADHD treatment study

OHSU researchers are conducting an 8-week randomized controlled trial of multivitamins/minerals to treat symptoms of ADHD and emotional dysregulation.

Participants will be randomly assigned to receive either the multivitamins/minerals or a placebo for 8 weeks. At the end of the 8 weeks, all participants will be eligible to take the multivitamins/minerals for the last 8 weeks.



IRB#16870

Your child may be eligible if:

- 6-12 years old at enrollment
- Not taking ADHD medication (off at least 2 weeks)
- Able to/willing to swallow up to 12 pills per day - pill swallowing training is available

What is involved?

- 5 visits to OHSU to answer questions and receive study product
- Biological samples (hair, saliva, blood, urine, stool)
- Take pills daily for duration of study

For more information, please contact us at: 503-494-3700 or healthykids@ohsu.edu.



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