

January 2019

CHADD: Children & Adults with ADHD
4601 Presidents Drive
Lanham, MD 20706
www.chadd.org



Available Resources

from the 2018 Volunteer Leadership Training held at the Annual Conference

Click on the PowerPoint presentations below to view.

Social Media PowerPoint presentation

NRC Resources PowerPoint presentation

Mark your calendar: Friday, January 25, 2019



Applying for Grants Training Webinar

Friday, January 25, 2019 at 2:00 pm EST

Register for this webinar and learn tips on how to get funds for P2P, T2P or bringing in speakers and other projects you might envision for your chapter or satellite.

Presented by Brian Foy, Coordinator, CHADD of Iowa

Click to Register for Free Webinar

After registering, you will receive an email confirmation with information about joining the webinar.

ADHD Resource Corner





The Job Accommodation Network provides a **list of accommodation ideas** for the workplace that adults with ADHD will find helpful. The ideas are categorized by limitations including:

- attentiveness/concentration
- disruptive behavior
- executive functioning deficits
- managing time
- memory loss
- multitasking
- organizing/planning/prioritizing, and
- social skills

For each limitation, a list of products, services or strategies is presented. Links are made to the products and vendors for easy access. Brief stories of workers' situations and solutions can also be read on this page.

Don't forget!

2nd Quarter Financial Reports Due

Financial reports for quarter ending December 31, 2018 are due by January 31, 2019.

Also, please don't forget those pesky receipts! You can scan and email reports to affiliate-services@ chadd.org or continue to send via snail mail to the National office.



Happy New Year!

In last month's column, we shared that AAB members were focusing on prioritizing the many ideas that came out of the Affiliate Training Day session in St. Louis. Since then, the AAB has met to discuss the topics and establish priorities for its work over the coming months. At the top of the list is a review of policies and procedures, beginning with the overarching "CHADD Chapter/Affiliate Principles".

AAB members are working on re-writing this document and value input from all Affiliates; a draft with proposed changes will be shared for comments after our February meeting. In the meantime, if you have recommended changes to policies or procedures posted to the CHADD Volunteer Leader Center, please share them with any of the AAB members (whose contact information is shown below.)

2018-2019 Affiliate Advisory Board Members

Chair, Brian Foy, CHADD of Iowa
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** Note: The AAB meets the first Thursday of every month. Let us know what's on your mind -- we'd love to hear from you!

QTR	Quarter Period	Financial Reports Due to CHADD National
1st	July 1 – September 30	October 31
2nd	October 1 – December 31	January 31
3rd	January 1 - March 31	April 30
4th	April 1 – June 30	July 31

Bring more peace into your home. You deserve it. Parenting a child with ADHD can be trying and tiring. We have solutions. Happy New Year. This class is FREE! Parent to Parent: Family Training on ADHD Introduction to ADHD Monday, January 7, 2019 6:30 PM - 8:00 PM EST Don't forget to register for the next course. CREATING AN ADHD-FRIENDLY HOME ENVIRONMENT online interactive class January 14 & 21 | 6:30 PM - 8:00 PM EST \$49 for the entire course and a free comprehensive resource book. "...This course was so helpfull Thank you so much for opening our eyes and instructing us course participent, Fernington, UT