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Is It Sleepiness or ADHD?

Q: My little guy is hyperactive, but he also snores. Could he have ADHD?

A: Some children with disrupted sleep display symptoms that look like ADHD, but they might be chronically overtired instead.

Women Often Diagnosed with ADHD Later In Life

Why is it that women often receive a diagnosis in adulthood, when men are diagnosed much younger? Researchers are considering some possible explanations.



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NRC Video Succeeding in College with ADHD

Featuring LeDerick Horne, Special Education Advocate

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Is your high school student heading to college this fall? Or are you heading back to school after having been away from it?

Registering with the disability services office for accommodations can be an important step in achieving a college education. LeDerick Horne has advice on taking the first steps to be successful as a college student with ADHD and the importance of connecting with the university's support services.

LeDerick Horne was diagnosed with a learning disability in the third grade and he is now a poet, disability rights activist, motivational speaker, and education consultant. His work focuses on improving the outcomes of students with disabilities. He is also the coauthor of *Empowering Students with Hidden Disabilities: A Path to Pride and Success*.



- [Jornay PM, an ADHD Med Dosed in the Evening, Now Available](#)
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