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### How Does ADHD Affect Self-Esteem?

An ADHD diagnosis can answer a lot of questions about behavior and learning. Did you know it can also **be the first step in rebuilding damaged self-esteem?**

### The Connection Between ADHD and Migraines

Do you have migraine headaches? **Researchers suspect a connection between ADHD and migraines.**



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## Ask the Expert Lonely, Bullied & Left Out? How To Help Your Child Improve Social Skills

Featuring Caroline Maguire ACCG, PCC, MEd | August 21, 2019 2 PM ET

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Does your child have difficulty making and keeping friends? Many children who have ADHD struggle when it comes to friendship, or even just finding someone to play with.

Children with ADHD often miss important cues. So how can your child's social interactions be improved with other children? This webinar will offer insight to the relationship between executive function weaknesses and common ADHD behaviors that often lead to children's friendship failures.

**Caroline Maguire, ACCG, PCC, MEd**, works with children who struggle socially and the families who support them. She is the founder of a training curriculum at the ADD Coaching Academy; the only coach training program accredited by the International Coach Federation.



- ADHD associated with increase risk for premature death
- 6 pitfalls to avoid in managing ADHD
- Stimulant Adherence Rates Low in Youth With ADHD
- 1 in 17 children takes melatonin at least once a week
- Children with ADHD have differences in part of brain controlling movement
- Always Late? Try These 5 Tips for Better Time Management
- More ADHD Treatment Effort = More Sex

Read these and other articles in the [ADHD in the News weekly digest](#).

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## ADHD Moment

Is your driver with ADHD sure he knows a better shortcut than the driving app? The Holderness family isn't so sure! Check out their parody of one of this summer's catchiest songs.



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