Medication Can Help Reduce the Risks of Injury

Including medication in treatment is shown to reduce emergency room visits and TBIs in children.

Treatment Matters: CHADD Summit On Research, Health Care Policy

Treating ADHD can add years to your life. What is the best way to get this information to the public and encourage health care systems to provide treatment? CHADD hosted a gathering of professionals and researchers to explore initiatives on ADHD and public health.
Managing Stress When You Have ADHD

Does stress make ADHD worse? Finding ways to manage your stress levels can also improve ADHD symptoms.

CHADD Webinar

Mornings Matter with ADHD
Featuring Michelle Novotni, PhD
Nov. 1, 2019 | 12 PM

Getting ADHD symptoms under control during work or school hours is the number one priority. ADHD symptoms are always with us, from the moment we wake up. Mornings can be especially challenging for people and families living with ADHD. Mornings matter, and a lot. A good morning can set us up for a great day, and a bad one can ruin the day.

Michelle Novotni, PhD, discusses the challenges of ADHD in the morning, and will offer tips and techniques to help manage the early rush. Learn how the right kind of dialogue with your doctor may help you better manage ADHD.

ADHD in the News

- Mindfulness Therapy Promising for ADHD in Children
Parents, doctors, teachers who care for kids with ADHD get a tool from Cincinnati Children's

This Is What ADHD Is Like for Women

- 5 strategies to engage students with attention issues
- Dav Pilkey credits his ADHD for his massive success. Now he wants kids to find their own ‘superpower’
- Number of adults seeking help on ADHD diagnosis doubles
- May I Have Your Attention Please: Screening for ADHD with Rating Scales

Read these and other articles in the ADHD in the News weekly digest.

Are You Aware?

Get the Facts on ADHD

Free ADHD fact sheets & infographics to download and share.