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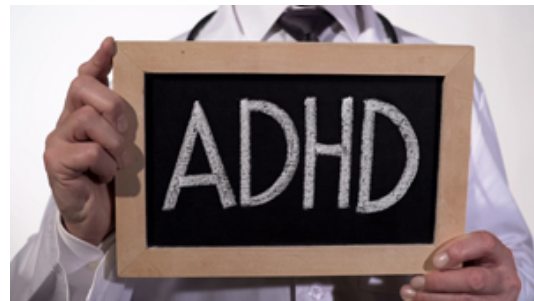


Medication Can Help Reduce the Risks of Injury

Including medication in treatment is shown to [reduce emergency room visits and TBIs in children](#).

Treatment Matters: CHADD Summit On Research, Health Care Policy

Treating ADHD can add years to your life. What is the best way to get this information to the public and encourage health care systems to provide treatment? [CHADD hosted a gathering of professionals and researchers to explore initiatives on ADHD and public health](#).



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YOU HAVE ADHD

Does stress make ADHD worse?
[Finding ways to manage your stress levels can also improve ADHD symptoms.](#)



CHADD Webinar

Mornings Matter with ADHD
 Featuring Michelle Novotni, PhD
 Nov. 1, 2019 | 12 PM

[Register Now](#)

Getting ADHD symptoms under control during work or school hours is the number one priority. ADHD symptoms are always with us, from the moment we wake up. Mornings can be especially challenging for people and families living with ADHD. Mornings matter, and a lot. A good morning can set us up for a great day, and a bad one can ruin the day.

Michele Novotni, PhD, discusses the challenges of ADHD in the morning, and will offer tips and techniques to help manage the early rush. Learn how the right kind of dialogue with your doctor may help you better manage ADHD.



- [Mindfulness Therapy Promising for ADHD in Children](#)

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- [THIS IS WHAT ADHD IS LIKE FOR WOMEN](#)
- [5 strategies to engage students with attention issues](#)
- [Dav Pilkey credits his ADHD for his massive success. Now he wants kids to find their own 'superpower'](#)
- [Number of adults seeking help on ADHD diagnosis doubles](#)
- [May I Have Your Attention Please: Screening for ADHD with Rating Scales](#)

Read these and other articles in the [ADHD in the News weekly digest](#).

Are You Aware?

Get the Facts on ADHD

[Free ADHD fact sheets & infographics to download and share.](#)

ADHD AWARENESS MONTH
OCTOBER 2019

*ADHD MYTHS AND FACTS
KNOW THE DIFFERENCE*

ADHD MYTH:
ADHD isn't Real

100K ARTICLES
There are over 100,000 articles in science journals on the topic of ADHD (and its precursor labels)

ACCOUNTS GO BACK TO 1775
ADHD can be found in medical textbooks dating back to 1775

ADHD REAL DISORDER
ADHD involves serious deficiencies in attention & behavioral inhibition

NEURO-IMAGING RESEARCH
Evidence that ADHD is associated with impaired functioning of the prefrontal cortex

SPREAD ADHD AWARENESS
Find out more at <https://www.adhdawarenessmonth.org/>
Information adapted from "ADHD Doesn't Exist" by Russell A Barkley, Ph.D.

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