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Annual International ADHD Conference Begins

ADHDCon2019 kicked off in Philadelphia yesterday. More than 1,000 people are expected for this year's conference.



Video Contest Winners Announced

The voters have made their decisions for the top ADHD videos for this year. Was your favorite selected?

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CHADD Webinar

**When You and Your Child Have ADHD
Setting Realistic Goals to Reduce Challenges**
Featuring Christine Kotik, ACC
Nov. 15, 2019 | 10 AM EST

[Register Now](#)

Join us to learn about setting realistic goals to reduce some of the challenges your faces. Christine Kotik has tips to apply the information from previous webinars for parenting your child with ADHD. Her presentation will help all parents learn more about ADHD.

Christine Kotik, ACC, is a former educator at Marburn Academy, a school for children who learn differently. She is an associate certified coach credentialed by the International Coach Federation. She leads the Columbus Chapter of CHADD and is a certified [Parent to Parent](#) trainer.

ADHD *in the News*

- Rates of ADHD diagnosis among US adults are on the rise, study suggests
- Racial, ethnic disparities persist in ADHD diagnosis
- Top minds pinpoint ADHD cause by thinking big over 20 years
- 'No Identifiable Reason' for 50% of Antipsychotic Use in ADHD
- Does Special Education Work for Students With Learning Disabilities?
- Health Beat: ADHD school focuses on life lessons
- Teaching Your Child the Building Blocks of Better Time Management
- How Can I Help My Child with ADHD Fall Asleep?

Read these and other articles in the [ADHD in the News weekly digest](#).

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ADHD Moment

10 easy tips for adults with ADHD.
Get Penn's top hacks to make your
day better.



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