

November 2019



The Spanish version of the Teacher Card is now available on the web.

To download the .PDF [Click Here](#)

ADHD Resource Corner



The CDC has compiled a [list of resources](#) to help protect the health of children with ADHD. They include links to CDC information on preventing unintentional injuries, supporting mental and oral health, and promoting exercise, nutrition and sleep.

The [Clinical Practice Guidelines](#) page on CHADD/NRC's website has been updated to include the latest guidelines on diagnosis and treatment of ADHD in children and teens from the American Academy of Pediatrics. It's a good resource to share with primary care doctors.

Next week CHADD will host the largest ADHD Conference on **November 7-9, 2019** in the City of Brotherly Love. This conference will bring together researchers, clinicians, educators, adults with ADHD, parents of children with ADHD, and others seeking science-based information.

Connect with your tribe and the latest ADHD research, strategies, and information.



Better Together

2019 Annual International Conference on **ADHD**
November 7 - 9, 2019 | Philadelphia, PA
#ADHDCon2019



theADHDconference.org

Congratulations to the 2019 CHADD Affiliate of the Year and Volunteer of the Year

2019 CHADD Affiliate of the Year Award



CHADD of San Fernando Valley's Board of Directors:
(Left to Right) Sheila Gilbert, *Treasurer & Secretary*; Suzanne Sophos, *Executive Director & Chapter Coordinator*; Yulia Rafailova, *Director of Executive Function Education and Child/Adolescent Programming*; and Naomi Rodriguez, *Director of Parent/Teacher Education*

On **Thursday, Nov. 7th** the general conference kicks off with a ribbon cutting ceremony and welcome reception in the exhibit hall where you

can mingle with other attendees, see what's new and exciting from exhibitors, and talk with the Innovative Program exhibitors about what they are doing to improve the lives of those with ADHD.

Later that evening at 7 p.m. in Salon EF, 5th Floor, attend the Opening Keynote "Emotional Dysregulation in ADHD—Key Concepts, New Findings, Future Directors". Dr. Anthony Rostain will be the opening keynote speaker.

To see the full conference agenda, [CLICK HERE](#)

[CLICK HERE TO REGISTER](#)

Lastly, don't forget to download the conference app for the latest updates.



A DAY OF TRAINING! **Thursday, November 7, 2019**

Philadelphia Marriott Downtown
1201 Market Street
Philadelphia, PA 19107

Volunteer Leadership Training

Time: 9:00 a.m. | **Room:** 413

Volunteer Leadership training will cover the following topics:

- Understanding Financial Policies and Procedures
- Chapter Guide Book Development
- Meet Up Groups
- Facebook Live Meetings
- Public Relations: How to Pack the House
- Navigating the Chapters' NEW Website
- Resources of the National Resource Center on ADHD
- Working with the NRC to Meet CDC's Goals

Volunteer Leadership Appreciation & Awards Luncheon

Time: 12:00 noon | **Room:** Salon E, 5th

Lunch with Speakers will cover topics:

- Meeting Tips for Families with Failure to Launch Adults
- Media Relations

CHADD of San Fernando Valley provides support, education, and advocacy for children, adults, and families affected by ADHD throughout the San Fernando Valley, a service area spanning 260 square miles and home to the 1.77 million residents of the Los Angeles metropolitan area.

Starting in 2017 with a monthly gathering for parents and caregivers of children with ADHD, the chapter expanded its community outreach by developing and launching additional resources as well as nurturing strong relationships with local schools, educators, and ADHD professionals.

Over the past year, thanks to the hard work and dedication of the chapter's board and its local volunteers, the group achieved several exciting milestones:

- Meeting attendance tripled
- Newsletter subscribers increased by 133%
- Facebook followers increased by 700%
- MeetUp group members increased by 184%



2019 CHADD Volunteer of the Year Award

Larry Maltin, BuxMont CHADD of Pennsylvania, has been an active member of CHADD at the local and national level for over 11 years since his granddaughter (now 19) was diagnosed with ADHD at an early age. He joined the board of the original Elkins Park Pennsylvania CHADD (now BuxMont CHADD), and served as program coordinator for its parents group until mid-2019. He continues to serve as the chapter's treasurer.

From 2013-2015, Maltin conducted original research on the impact of ADHD on the extended family with Janette Patterson of Montgomery County, Maryland CHADD. They presented this research at the 2014 Annual International Conference on ADHD and coauthored two articles on their results for CHADD's Attention magazine.

Maltin worked with volunteer leaders from across the country when he served on the CHADD national affiliate development and support committee. He led the collaborative effort to create a teacher card, *Recognizing ADHD in the Classroom*, which has been distributed to thousands of schools, parents, community organizations, and professionals across the country.

