You Can Manage ADHD and Anxiety During This Public Health Crisis

Many people with ADHD and anxiety feel as if their symptoms are increasing right now. Daily routines can help.

Staying In Touch With Video Chat

Many families are finding video chat to be an effective way to keep in touch with their ADHD support systems.

Keeping Extra ADHD Medication On Hand

Steps you can take so you have an adequate supply of medication during this public health emergency.

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**CHADD Webinar**

*When You and Your Child Have ADHD: Communication Skills to Resolve Conflict*

April 3, 2020, 2:30 PM EDT  
Featuring Christine Kotik, ACC

Watch Now

In the final session of CHADD’s educational webinar series, you can learn ways to communicate more effectively and resolve conflict with your child with ADHD.

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**CHADD’s Young Scientist Awards Accepting Applications**

CHADD is now accepting applications for the 2020 Young Scientist Research Awards. The program recognizes emerging researchers in the ADHD field who are completing a doctoral degree or have completed a doctorate in or after January 2017.
ADHD in the News

- Review Calls for More Pharmacogenomics Research on ADHD Treatment Response
- Early Childhood ADHD Symptoms May Predict Maladaptive Eating Behaviors
- Video games do not cause or intensify ADHD symptoms in children
- Study Probes Interaction of Genetics and Neural Wiring in ADHD
- First genetic map of the cerebral cortex produced in collaborative effort
- Discontinuation of ADHD medications may decrease quality of life for children, adolescents
- High Risk of Psychiatric Comorbidity With Endometriosis
- Six Tips for Helping Employees With ADHD Succeed in the WorkPlace
- ADHD, Personal Hygiene, and the COVID-19 Pandemic
- Impact of personality on adherence to and beliefs about ADHD medication, and perceptions of ADHD in adolescents

Read these and other articles in the ADHD in the News weekly digest.

The ADHD Blog

When Children with ADHD Attend School from Home: An Expert’s Tips

Read Now

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Guidance for Uncertain Times—ADHD & COVID-19 Resources