Ask the Expert

Online Learning: Teaching Students How To “Work From Home”
A partnership between CHADD and the Centers for Disease Control and Prevention

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Resources, Information & Support

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Online Learning: Teaching Students How to “Work From Home”

Ezra Werb M.Ed.
My Experiences

What does an Educational Therapist do?

EDUCATIONAL THERAPY

"The ET approach is... to create change by alleviating fears, and boosting self-esteem by providing opportunities for incremental successes, thereby improving the attitude and behaviors related to learning and functioning in school, the workplace, and in the broader social-intellectual contexts of life."

-Maxine Ficksman & Jane Utley Adelizzi,
The Clinical Practice of Educational Therapy: A Teaching Model

For more information, visit:
What online learning often ends up looking like?

Their whole social and entertainment world is online!
“Green Environment” = ADHD symptoms less pronounced
(Armstrong, *Neurodiversity in the Classroom*)
Why is it challenging for students with ADHD?

Dr. George McCloskey’s Model of Executive Functions

- Initiating
- Storing/Retrieving Information
- Modulate energy/effort
- Focus/select
- Planning ahead
- Organization
- Managing time/awareness
- Inhibition
- Self-Monitor, correcting mistakes
- Flexible/shift
So what can we do to support them?
Online/digital tools offer an opportunity to foster independence

Seems like a contradiction, right?
Online/digital tools offer an opportunity to foster independence

This is WHY we need to first provide *support, modeling* and give *accommodations*
Learning Management Systems (aka Online Classroom Portals)
Give Students a Full Tutorial

A week (or two) of testing it out/troubleshooting
Make Information Visually Clear (in “High-Definition”)


CLICK HERE to see NIMH ADHD information

- Use ALL CAPS text and different colors to highlight key important info.
- Provide MODELS of expected work.
- Post EXAMPLES of work/projects
- Be consistent in how you FORMAT your assignments, and how your students SUBMIT
Organization of Desktop Folders

Similar to their room... or their backpack, right?
Organization of Desktop Folders

- Language Arts 2020
- Math 2020
- Spanish 2020
Timers and Self-Rewarding
Use Digital Calendar
Build in Incremental Steps to Assignments

vs.

Completed Project
Build in Incremental Steps to Assignments

- Brainstorm
- Outline
- Introduction
- Body paragraphs
- Rough draft
- Completed Project

Give CREDIT and Reinforcement after each step!!!
Feedback/Communication with Students

- Positive Feedback
- Encouragement
- Constructive critique
- Engagement
- Connection
Alt. Ways to Intake Language

*Gene Wolfson

Audiobooks

Pre/Post-read Videos

“Safe YouTube”
Alt. Ways to Support Language

The Outsiders

Pre-reading Slideshows

Women and Reform Movements
- In early 1800s, women involved in many different reform movements including suffrage, abolition (no slavery), and temperance (no alcohol)

Right to vote:
Suffrage = Enfranchisement = Franchise
Alternative “Writing” Projects/apps

Creativity!

Slideshows
Analysis on the Bay of Pigs

i. Between the time of the 15th-17th of April, the U.S started attacking Cuba [2]
ii. The attack of The Bay Of Pigs was a complete flop
iii. 1,100 of the troops were captured on Cuba until about a year later when the U.S were given them back at the cost of like 60 million dollars.

On April 15th 1961, the U.S sent 8 Bombers to try to launch an air attack from Nicaragua on to Cuba, specifically at a base near Havana and a base near Guantanamo Bay. Then, on April 17th, the U.S. sent the Trained Cuban Exiles from Nicaragua on to Cuba again, but this time it was launched on a specific location of Cuba known as The Bay Of Pigs. Apparently, Castro already knew what the U.S. was going to plan, and was already prepared for it, so in the end the attack was considered to be a complete failure due to the overall bad planning on
Use their Interests and Strengths

Dr. Robert Brooks’
“Islands of Competence”
Alternative “Writing” Projects/apps

Podcasting

Video Blogging

Creativity!
Alternative “Writing” app

SPEECH TO TEXT RECOGNITION
Foster Self-Advocacy

I need support
Key Takeaways

- Digital Organization/Clarity
- Time Management/breaks
- Chop up assignments
- Options for writing assignments
- Online resources for reading support
- Frequent feedback/communication
Key Takeaway

Independence!
References

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