

LOW-COST TREATMENT FOR ADHD

Here are some ways to reduce costs for treating ADHD.

Contact your medical insurance provider



- Ask for a list of mental health providers within your plan.
- Determine if you are eligible for reimbursement from your insurance.

Questions to ask mental health providers



- "Do you provide sliding scale fees?" Your income can determine the payments you can make.
- "Do you provide pro bono services?"

Talk to your pediatricians and primary care physicians



- They may be able to provide an assessment and some treatment.
- They may refer you to another specialist or may know professionals who can provide low cost or free treatment.

Contact your local hospitals and universities



- They may have ADHD programs with treatment interventions.
- They may offer free or sliding scale fees for assessments and treatment.
- They may accept your insurance plan.

Find ways to lower medication costs



- Contact the medication manufacturer for patient assistance programs.
- Ask your provider or local pharmacies for discount or coupon cards.
- CHADD offers a free discount card as a membership benefit.
- Use generic brands for your medication.

Discover other helpful interventions



- Find local support groups through CHADD's local chapters.
- Online ADHD communities can be helpful. Visit CHADD's online communities.