

Unstuck at Home: Parent Support Through COVID-19

What are the goals for this research study?

Children's National Hospital and University of Colorado Anschutz Medical Campus are providing videos and coaching support to parents during the COVID-19 pandemic.

Who can be part of this research study?

Parents of children in 3rd-5th grade who receive special education supports (IEP, 504, SST) for symptoms of autism (ASD) or ADHD and have good language skills may be eligible to participate. We'll ask you a few screening questions to make sure the study will be a good fit.

What will participants be asked to do?

Participants will watch short videos for parents about how to help their child build executive function skills. They will receive a workbook, too. Participants will also answer questions about their children and about the videos at several time points during the study. The entire study can be completed online from home.

What are the benefits of taking part in this research study?

Parents will receive access to support during the COVID-19 pandemic. Parents will also be able to earn up to \$205 for completing the entire study.

I'm interested! How do I participate?

If you have questions or would like to join the research study, please contact us!



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