

Do you feel “up a creek and without a paddle” when communicating with your child?

We invite Parents/Caregivers of children between the ages of 11-14 to participate in our study to examine the effectiveness of an online program to improve the parent-child relationship.

Study Description: Parents/Caregivers who qualify will participate in an online program that teaches skills with the goal of improving the parent-child relationship.

- Parent/Caregiver will complete a brief phone screener to assess eligibility via Zoom
- Parent/Caregiver and child will complete online surveys at the beginning and end of the study
- Parent/Caregiver will complete a measure for two weeks
- Parent/Caregiver will complete one 20 to 45-minute module each week for five weeks

Eligibility:

- Parent/legal guardian of child aged 11-14
- Child does not have a Conduct Disorder diagnosis
- Child does not have an Autism Spectrum Disorder diagnosis
- Child has normal intellectual functioning
- No current parental divorce/custody proceedings
- Parent/Caregiver has access to internet (e.g., computer, smartphone)
- U.S. resident

Incentives/Benefits:

- FREE behavioral program via online modules
- \$50 gift card after completion of post-program surveys
- Contribution to the development of low-cost, accessible treatments for families

Study Enrollment:

If you are interested in participating in this study, please contact the study coordinator, Paige Patterson, to discuss participation. This study has been approved by UHCL CPHS. You may also be entered into a \$10 Amazon gift card raffle if you refer participants who complete the study.

Email: Pattersonp0167@uhcl.edu

Principal Investigators: Laurel Casillas, M.A. & Sara Elkins, Ph.D.



WITHOUT A PADDLE

Any person needing an accommodation for a disability in order to participate in this program should contact Assistant Professor of Clinical Psychology, Sara Elkins, at elkins@uhcl.edu at least one week prior to the event to arrange for the accommodation.



University
of Houston
Clear Lake