Although people living with ADHD can be very successful in life, without identification and proper treatment, ADHD may have serious consequences, including: school or work failure, depression, problems with relationships, substance abuse, and difficulties with the legal system. Early identification and treatment are extremely important to ensure lifelong success.

The National Resource Center on ADHD is a program of Children and Adults with Attention-Deficit/Hyperactivity Disorder, Inc. (CHADD). It was established through a cooperative agreement with the Centers for Disease Control and Prevention, National Center on Birth Defects and Developmental Disabilities, to serve as the national clearinghouse for the latest evidence-based information on ADHD.
CHADD’s National Resource Center on ADHD provides science-based information, education and programs to increase acceptance and reduce stigma associated with ADHD; promotes the health and well-being of children and adults with ADHD and their families; and strengthens the capacity of professionals to work effectively with those affected by ADHD.

**What We Do:**

- **Website** Find science-based information on ADHD and related disorders at www.CHADD.org
- **ADHD Helpline** Health Information Specialists answer your questions at 866-200-8098, Monday-Friday, 1 p.m. – 5 p.m. ET
- **Ask the Expert** Signature webcast series featuring leading ADHD scientists, researchers, and health care practitioners
- **ADHD Weekly** A biweekly newsletter focusing on timely information about ADHD, treatment, and lifestyle
- **Health Sciences Library** Resources and access to the national medical library system and the NRC’s library database
- **ADHD Communities Together (ACT)** A program to target underserved communities affected by ADHD through community outreach
- **Digital Media** Podcasts and video series on the most current ADHD information
- **Young Scientist Award Program** Encouraging ADHD research through the recognition of emerging scientists
- **Research Studies Postings** Supporting research through website postings of current ADHD research
- **ADHD Awareness Month** National activities to raise awareness and disseminate evidence-based information
- **Collaborations** with professionals and ADHD organizations to expand our mission and reach.
- **Professional Training** Podcast-based continuing education courses to help medical professionals effectively diagnose, treat, and manage ADHD
- **Social Media** Find us on Facebook, Twitter, Instagram, Pinterest, LinkedIn and YouTube to keep up-to-date on the latest ADHD developments
- **Online Communities** Places to discuss ADHD parenting issues and topics for adults