



Kitsap CHADD

Support and Information for Parents, AD/HD Adults, Educators and Health Care Professionals
September 2021 – June 2022 Schedule

Thank you, Dr. Brian and Kerry Miller for starting this CHADD support group in 1993, OVER 25 years ago!

Interested in attending a meeting? Email Lynn at myrvang@comcast.net for that Meeting's ID and Password up to 3 weeks before it is scheduled.

- September 14, 2021 **"My Life Before and After My AD/HD Diagnosis: What Worked for Me."**
Speaker – Georgianna Akers MSW, DCSW, LICSW
- October 12, 2021 **"AD/HD and Comorbidity (Coexisting Disorders)"**
Speaker – Nuri Kahn, DBH, LMFT, MHP, Clinical Director, NW Family Psychology, Seattle
www.nwfamilypsychology.com
- November 9, 2021 **"How to Work With Your Child's School to Get Them the Help They Need: Advocating, IEP's, 504 Plans and More!"**
Speaker – Lori Buijten, Director Special Education, North Kitsap School District
- December 14, 2021 **"Lifestyle Adjustments to Cope with AD/HD Related Issues"**
Speaker – Laurie Dupar, PMHNP, RN, PCC, Certified ADHD Coach and Nurse Practitioner at Coaching for ADHD and Director and Coach Trainer at the IACTCenter.
- January 11, 2022 **"AD/HD and Power Struggles"**
Speakers – Jane Curtis, Ph.D., Licensed Clinical Psychologist & Steven E. Curtis, Ph.D., NCSP; Licensed Child Clinical Psychologist; Nationally Certified School Psychologist; Post-Doctoral Master of Science in Clinical Psychopharmacology
- February 8, 2022 **"Scattered? Isn't it just my personality? I've always been this way. And, now my kid is "acting" just like me. What now???"**
Speaker – Karen Casseday, PMHNP-BC, ARNP, KC Family Hope Center
- March 8, 2022 **"Neuropathways and Supporting Your Child with Self-regulation"**
Speaker – Marcee Ben-Menachem, M.Ed., NBCT, LMHCA, Compass Counseling & Consulting
- April 12, 2022 **"Being the Best Selves for Our Kids: SELFIRST"**
Speaker – Larry Martin Davis, Education Advocate: SpecialEducationAdvocacy.org, former Director of Special Education, Behavior Specialist, and Highly Capable Coordinator
- May 10, 2022 **"Emotional Intimacy and AD/HD"**
Speaker – Heather Carstens, MA, LMFT, Peninsula Psychological Center
- June 14, 2022 **"AD/HD Medications & Management: Bring Your Questions"**
Speaker – Victoria Crescenzi, Developmental & Behavioral Pediatrician, Pediatric Clinic, Bremerton Naval Hospital
- July – August
When: (No Meetings – Summer Break) See you in September
Second Tuesday of each month from 7:00- 8:30 PM
Lynn 360.779.5362, email – myrvang@comcast.net or Kerry 360.697.3922
Check Online: www.chadd.net/531 or www.chadd.org