

## Discover Possible ADHD (of the Inattentive Type) in Children in Your Classroom

CHILD'S NAME \_\_\_\_\_ TEACHER \_\_\_\_\_ DATE \_\_\_\_\_

Check all behaviors that occur to a more severe degree and/or greater frequency than for other children. If a child has checkmarks in five or more areas, suggest the parents talk with their child's pediatrician.

### Fails to give close attention to details.

- Has careless mistakes in schoolwork
- Makes mistakes from not reading questions properly
- Leaves questions unanswered
- Overlooks or misses details
- Work is often inaccurate
- Leaves the reverse side of a test unanswered
- Not checking the answers in homework
- Too much time is needed to complete tasks

### Has trouble maintaining attention on tasks.

- Easily distracted
- Needs structure to avoid being distracted
- Difficulty staying focused during instruction or conversations
- Difficulty keeping attention on schoolwork\*
- Difficulty concentrating\*
- Easily bored\*

*\*Unless the subject is really interesting*

### Does not seem to listen when spoken to directly.

- Not knowing what teacher said
- Often has to be addressed a second time
- Questions have to be repeated
- Only listens during eye contact or when a voice is
- Mind seems elsewhere, even without obvious distractions
- Dreamy or preoccupied

### Loses items necessary for tasks and activities.

- Loses school materials, pencils, books, or other items
- Mislays homework
- Spends a lot of time searching for things
- Gets in a panic if other people move things around

### Is frequently distracted.

- In the classroom, often looks outside
- Easily distracted by noises or events
- After being distracted, has difficulty returning to work

### Avoids/dislikes tasks requiring sustained mental effort.

- Avoids schoolwork or dislikes it
- Avoids subjects that require concentration
- Avoids tasks that require concentration
- Often postpones boring or difficult tasks.
- Reads few books or doesn't like to read

### Has trouble organizing for tasks and activities.

- Difficulty being ready on time
- Arrives late to activities
- Poor sense of time
- Fails to meet deadlines
- Does things in a muddled way
- Difficulty planning tasks or homework
- Difficulty keeping materials and belongings in order
- Messy desk
- Difficulty playing alone
- Difficulty keeping himself/herself entertained

### Is forgetful in daily activities.

- Forgets instructions
- Forgets to do assigned tasks
- Has to be frequently reminded of things
- Part-way through a task, forgets what to do
- Forgets to bring necessary items to school
- Leaves items needed for homework behind at school

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*This questionnaire is provided as a public service by the non-profit organization, the Inattentive ADHD Coalition, and alone is responsible for its contents.*

**Additional free copies available at  
[www.iadhd.org/child](http://www.iadhd.org/child)**

### Books that feature a child with inattentive ADHD

*Andrew's Awesome Adventures with his ADHD Brain*  
by Kirsten Wilcox, Ph.D.

*Focused (about a girl)*  
by Alyson Gerber