

SEPTEMBER 2022

Hello chapters!

Welcome to the Coordinator Connection! If you would like to submit ideas or copy for this monthly newsletter, please email leandrea_cunningham@chadd.org by the 15th of every month.

Tip of the Month: Substack allows you to have unlimited newsletter subscribers for free! ADHDKC recently maxed out the subscriber amount we were willing to pay for on Mail Chimp, so the amazing Dr. Stuppy found a way to keep our e-group growing! Check it out here: https://substack.com



Things to know, on the go!

ADHD Factsheets
Toolkits
ADHD Research Library

CHADD's National Resource Center on ADHD maintains the NRC Library as a resource for scientific and medical evidence-based information about ADHD and related topics.



- Financial reports for quarter 4 are due. You can scan and email reports to Katie Hadlich <u>katie hadlich@chadd.org</u> or mail to 4221 Forbes Blvd., Ste 270 Lanham, MD 20706.
- Having issues accessing your chapter's emails?
 Please email <u>leandrea cunningham@chadd.org</u>



REGIONAL CENTER SPOTLIGHT

The Midwest, Northeast, and Southern Regional Centers are offering a free webinar, All About Apps for ADHD, in honor of ADHD Awareness Month on October 17 at 7pm CST, presented by Emily Kavanagh, MS, LLP.

The presentation will include a brief review of evidence-based and practical considerations when selecting assistive technology supports for individuals with ADHD. She will cover broad categories of support, as well as review some specific options within those categories. Behavioral and structural strategies for enhancing motivation and consistent and appropriate use of tools will also be discussed.

For more information and to register:

https://us02web.zoom.us/webinar/register/WN b WILgiyfSP-Jr3hORUu0bw



EDUCATIONAL NEWS

The holidays are coming! The holidays are coming!

ADHD tax season approaches as well. What will YOU do to keep your spending within the guardrails? Make a gift list, maybe? Set spending limits? Talk to family, ahead of spending? The ADHD tax is a real result of your choices. What will your choices be this year?

CONFERENCE TIPS

Promoting the 2022 Annual International Conference on ADHD locally is easier than ever.

This year, CHADD, ADDA, and ACO have created a marketing guide with sample emails and social media posts chapters can use to promote the conference locally. Access it at

https://bit.ly/ADHDConMktgKitand be sure to check the <u>Facebook Leadership Forum</u> for more updates and useful templates.

Volunteering for the 2022 conference:

Encourage your volunteers and local members to take advantage of the "Give a Day, Get a Day" program by working ONE day at the General Conference (live or virtual) and getting complimentary access to the General Conference sessions and Non-Session Activities for ONE other day. For example, volunteer on Thursday then you get Friday's attendance for free. A day's work is approximately 7-8 hours, with a meal break (volunteers are responsible for purchasing their own meals). Fill out the application here:

https://forms.gle/acss3s5SPecfGUSn7

LEANDREA'S LOUNGE

This month I want to place a spotlight on our 2022 Chapter and Volunteer of the Year winners. I am pleased to announce that San Fernando Valley is our 2022 Chapter of the Year. Suzanne Sophos is our 2022 Volunteer of the Year. We commend you for this achievement. I hope that you all can join us at the Chapter Leadership Luncheon being held at this year's Annual International Conference on ADHD. We will honor these award winners and celebrate chapter leadership and members. To RSVP, use the link below in the Register Now section of this newsletter.

If you would like me to highlight a member of your chapter, a volunteer or add something special about your chapter, please email

leandrea cunningham@chadd.org and you could appear in LeAndrea's Lounge next month!





REGISTER NOW!



We are excited to announce the 2022 International Conference on ADHD registration is now open. The conference will be live in Dallas, Texas and offered virtually from November 17-19, 2022. Stay tuned for information about the Coordinator training offered at this years conference. CHADD members are able to take advantage of member pricing for the conference. Five or more CHADD and chapter members who register together, will receive a special discounted rate. For discount codes and group rate information, email leandrea_cunningham@chadd.org. Looking forward to you attending. Register Now!.

You are cordially invited to the 2022 Chapter Appreciation Luncheon with guest speaker Dr. Brandi Walker.This luncheon will be held at this year's Annual International Conference on ADHD in Dallas, Texas. Please click here to RSVP