



Are you a college student who has ADHD?

If so, you may be eligible to participate in our research study!



We are looking for college students aged 18+ who have been diagnosed with ADHD to participate in our online research study. The study will explore the effect of a writing exercise on students' thoughts, feelings, and behaviors related to studying.

Participants will be asked to complete:

- Two 20-30 min Zoom meetings where you will complete surveys and a writing exercise
- Brief (2-5 min) online daily surveys for four days

All participants will be entered in a raffle to win a \$50 gift card, with up to a 1 in 10 chance of winning if all surveys and meetings are completed.

To see if you are eligible to participate, please click [this link](#). You can also email auadhdstudy@gmail.com to request more information about our study.