



Outlook

CHADD Chapter Connections December

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December 2025



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Happy Holidays!

As we wrap up 2025, we want to send a **heartfelt thank-you** for the time, energy, and compassion you've shared with our community. Your dedication truly makes a difference.

Wishing you a **joyful holiday season** and a bright, inspiring start to the new year. We can't wait to see what we'll accomplish together in the months ahead!





Chance to Host a Private Screening of Paris Hilton's Infinite Icon: A Visual Memoir!

Paris Hilton's nonprofit, 11:11 Media Impact is offering CHADD chapters the opportunity to sign-up for the chance to host a private screening of Paris Hilton's **Infinite Icon: A Visual Memoir (PG-13)**, premiering **January 30, 2026**, for your chapter members, friends, family, and community. This is a complimentary experience. **They cover the costs and handle logistics**—so it's as simple and low-lift as possible for you.

Infinite Icon is ultimately a **story about turning pain into purpose**—and what it looks like to reclaim your life, rebuild self-trust, and find the courage to keep going even after hardship. For young people navigating pressure, identity, mental health, or feeling misunderstood, it can be powerful to see someone model resilience, growth, and choosing a new path forward.

[WATCH THE TRAILER](#)

What you'll get (all included):

- Private local theater screening for your community (AMC or Regal theaters)
- Logistics covered by the 11:11 Media Impact team
- A community engagement box to support reflection + discussion

If your chapter has interest and would like to host, please complete this quick form by December 23, 2025, and 11:11 Media Impact will be in touch: → [SIGN UP HERE!](#)

Hilton's nonprofit is dedicated to protecting vulnerable youth, championing neurodiversity, and elevating lived-experience voices and stories. Hilton was diagnosed with ADHD as an adult, and has shared her reflections publicly on the impact she feels it had on her childhood and teenage years.

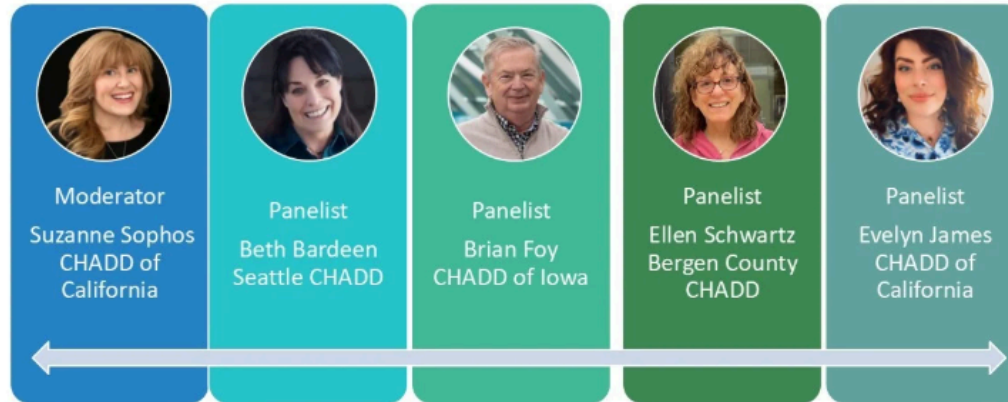


Volunteer Pulse Check

Do you feel like a valued volunteer of CHADD? How could we make you feel more appreciated?

Please take a moment to answer our **single-question survey!**

[TAKE SURVEY](#)



Chapter Volunteer Training Recording

Were you unable to attend our quarterly chapter connections training session this month? No worries. The **recording is now available**. Listen to fellow chapter volunteer leaders share real-world experiences, tips, and tricks about volunteer management.

[WATCH NOW](#)

SAVE THE DATE! The next volunteer training is scheduled for Tuesday, March 24, 2026.

New Webinar Series: ADHD & Your Career!

Check out CHADD's new three-part webinar series focused on practical strategies for job searching, networking, and interviewing for adults with ADHD.

Registration Options:

- \$25 per individual session
- \$60 for the full series
- Or **join CHADD** and attend the series **at no cost!**

Jan 13: Strengthening Your Job Search

Larry Worth, Executive Vice President, of Global Solutions, Rangan Consultants

Larry coordinates opportunities to collaborate with corporations and various national and global partners to develop inclusive cultures and create pathways to employment for talent of all diversities including veterans, people with autism, neurodivergent people, and people with disabilities.

Jan 27: Simple Approaches to Building Connections

Cassandra Colton, MS

Feb 10: Navigating Interviews

Jean Tidd, LISW-S, ADHD-CCSP, SAP, Badass ADHD Coaching

REGISTER TODAY!



Looking Ahead to the New Year

As you transition into the new year, this is a great time for a quick reset and check-in with your support groups. A few small updates can make a big difference for parents and adults searching for connection and support.

Update Meeting Information

Ensure your meeting dates, times, location, and format (in-person/virtual) are kept current and accurate. The CHADD helpline depends on this

Ask Your Group About Topics

Invite parents and adults to share which topics would be most valuable in the months ahead. As needs evolve, occasional input ensures

information to refer callers to your chapter. When events aren't listed or details are outdated, we miss opportunities to connect people with your group.

Update Chapter Contact Info

Is the listed email correct? Is the phone number correct? Many callers reach out during vulnerable moments, and accurate contact information helps ensure they can connect with your group.

meetings remain relevant, engaging, and supportive. By opening the door to feedback, you will strengthen the sense of community and create space for conversations.

Revisit Meeting Schedules

Schedules change especially for parents and working adults. It can be helpful to confirm that your current meeting time still works for attendees or whether a small adjustment might allow more people to participate.

Thank you for all you do to create welcoming spaces for parents and adults with ADHD. These simple check-ins help ensure people can find our CHADD chapters and continue to benefit from the local support you offer.



ADHD ICONnect 2026 Registration Open!

Join us for ADHD ICONnect 2026 **February 25–28**. This **online conference** will feed not only your mind but also your soul as you meet other like-minded individuals. We will welcome some of the most well-known speakers and authors to share their wisdom and research.

Experience **four days of expert insights, practical strategies, and connection** with the global ADHD community—all from wherever you are.

CHADD members receive discounted registration pricing, making this an even greater opportunity to learn and engage. Register before January 11 to take advantage of the the Super Early-Bird rate of \$99!

Visit www.theadhdconference.org for details and upcoming updates.



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