

If you're having trouble viewing this email, you can see it online.



November 2025



Thank You CHADD Volunteers!

CHADD would like to extend our **heartfelt appreciation and gratitude** to all our chapter volunteers!

Your **tireless dedication and service** to the ADHD community is the **heart** of our organization.

We hope you take time this holiday for **rest, relaxation, and sharing good times** with family and friends.

Thank you for all that you do! You are **seen**, you are **valued**, and you make a **huge difference**.

Celebrating Our Stars: The 2025 Volunteer and Chapter of the Year Award Winners!



We are thrilled to spotlight the 2025 Volunteer of the Year, Brian Foy, and the 2025 Chapter of the Year, BuxMont CHADD. These award recipients were recently honored at the International Conference on ADHD. We appreciate the dedication and hard work exemplified by these award winners!

👤 Volunteer of the Year: Brian Foy

Brian Foy's dedication to CHADD and the ADHD community has set a powerful example of volunteerism. His contributions continue to expand our reach and strengthen CHADD's mission.

🌟 Chapter of the Year: BuxMont CHADD

Led by chapter coordinator **Claire Noyes**, BuxMont CHADD demonstrates excellence through programming, outreach, and strong organizational leadership.

👉 To explore more about these and other CHADD award winners, visit [CHADD Awards](#).



Volunteer Pulse Check

What inspires you to volunteer with CHADD?

Please take a moment to answer our **single-question survey!**

[SURVEY](#)

Chapter Volunteer Training | December 9

You still have time to join us December 9 from 8-9pm (EST) for a facilitated panel discussion about **volunteer recruitment and retention**. Several CHADD chapter leaders will share tips and tricks they've discovered for building volunteer teams that shine! **Secure your spot** now and be sure to submit your questions for the panel. We look forward to seeing you!



[REGISTER NOW](#)



Call to Action: Stand Up for Students with ADHD!

A **major change** last week in Washington is putting the **rights of students** with ADHD at real risk.

The **US Department of Education** has started moving key programs to other federal agencies, an action that could weaken the **Individuals with Disabilities Education Act (IDEA)** and its **Section 504 protections** that millions of families count on every day.

The **Office of Special Education and Rehabilitative Services** and the Office for Civil Rights, the offices within the Department of Education that ensure students receive disability support services and are treated fairly, have not been moved—yet. **We still have time**, but only if we act now.

Your voice can help stop these transfers and protect the Department of Education from being dismantled.

It only takes **60 seconds** to visit **CHADD's ADHD Advocacy Action Center** and send a message to your members of Congress. Your message will tell them to block these moves and keep these offices where they belong—and working for our kids.

Act now and share with your chapter, family, and friends!



TAKE ACTION NOW

Together, we can protect the educational rights, services, and opportunities every child with ADHD deserves. Thank you for raising your voice at this critical moment!



Practical Ways to Boost Productivity: 16 Lessons Tailored for Adults with ADHD

Feeling **stuck, overwhelmed, or behind**? You're not alone. This new self-paced course (\$79 for non-members, or **\$63 for CHADD members**) delivers **real-world strategies** to help adults with ADHD beat procrastination, manage overwhelm, and follow through on tasks.

With **16 concise lessons, 5 bonus strategies**, and practical tip sheets, you'll **gain the tools to stay focused and energized**.

Share with your chapter! Close out the year with **clarity** and **step boldly** into 2026!

REGISTER TODAY!

For information on other CHADD training programs, see [CHADD Educational Programs](#).



Save the Date!

ADHD ICONnect 2026, our reimagined online conference, will take place **February 25–28**. Join us for **four days of expert insights, practical strategies, and connection** with the global ADHD community—all from wherever you are. **CHADD members receive discounted registration pricing**, making this an even greater opportunity to learn and engage. Visit www.theadhdconference.org for details and upcoming updates.



Copyright © 2025 CHADD, all rights reserved.

4221 Forbes Blvd, Suite 270

Lanham, MD 20706

CHADD does not endorse products, services, publications, medications, or treatments, including those advertised in any CHADD publications, webinars, or podcasts.



This email was sent to jami_demuth@chadd.org. [Click here to unsubscribe.](#)