

# Participate in Our Study!



TEXAS WOMAN'S  
UNIVERSITY™

## Help Us Understand ADHD & Autistic Masking and Nervous System Dysregulation

Anyone 18 or older who identifies as autistic or ADHD can participate!

Complete a 20–30-minute survey to help us learn about factors impacting nervous system regulation.

The first 250 participants will receive a \$20 gift card as a token of our appreciation. Subsequent participants may be entered into a drawing to receive one of 50-\$20 gift cards.

Receive a \$20  
gift card for  
participation!

Please scan



to participate

If you have questions or need accommodations to participate in the study, please contact the principal investigator **Dr. Claudia Porras Pyland** at [cporras@twu.edu](mailto:cporras@twu.edu).

This is research and your participation is voluntary. There is a potential risk of loss of confidentiality in all email, downloading, electronic meetings, and internet transactions.