Navigating ADHD and Type 2 Diabetes Mellitus in Romantic Relationships:

An Interpretative Phenomenological Analysis of Couples' Lived Experiences

Are You and Your Partner Living with ADHD and Type 2 Diabetes?

You may be eligible to participate in a research study conducted as part of a doctoral dissertation at Texas Woman's University exploring how couples experience and navigate the intersection of ADHD, Type 2 Diabetes, and romantic relationships.

This research study seeks to better understand how couples manage daily life, emotional experiences, and relationship dynamics when ADHD and diabetes are part of their shared story.

Who Can Participate?

Couples may qualify if:

- You are 25 years or older
- You are currently in a romantic relationship of six (6) months or more (married or partnered)
- One partner has been formally or informally diagnosed with ADHD and Type 2 Diabetes Mellitus
- Both partners are willing to participate in an interview together

What Participation Involves

- One 60–90 minute virtual interview with both partners
- Discussion of your experiences navigating ADHD, diabetes, and relationship life
- Interview conducted via secure video platform
- $25 gift card for couple who complete the interview

Your experiences may help clinicians and researchers better understand how couples navigate chronic conditions.

SCAN ME

Interested in participating, please contact:

Principal Investigator, Federico Mendez, LMFT-S #203769
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Faculty Advisor, Dr. Brittany Huelett-Lyons
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You will receive additional information about the study and screening questions.

Participation is voluntary.

There is a potential risk of loss of confidentiality in all email, downloading, electronic meetings, and internet transactions.